



Official document of July 01st, 2019 – ENG

OFFICIAL REGULATION MARCIA GRANPARADISO 2020

ART. 1

The 37th MARCIAGRANPARADISO will take place in Cogne (AO) from January 31st to February 2nd, 2020, with the following program:

January 31st, 2020

» 25 km Skating – light distance

February 2nd, 2020

» 40 km Classic – marathon distance

» 25 km Classic – light distance

ART. 2

All participants who are at least 18 years old at the race day may participate in the marathon race. All participants who are at least 16 years old at the race day may participate in the light race.

At the registration the participants must decide to participate in the marathon or in the light distance. For the Friday skating race there will be only light distance.

ART. 3

Taking into consideration that the MarciaGranParadiso implies an important physical and technical engagement, each participant must present together with the entry-form or when collecting his/her bib, a valid medical certificate of fitness for competitive sports (in accordance to Italian Ministerial Decree dated 18.02.1982).

Underage participants need to present a written permission from their parents.

Participants without a valid medical certificate of fitness for competitive sports, who do have a doctor's certificate of good health (in accordance to Italian Ministerial Decree 30.01.1983), may register themselves in the "MaricaGranParadiso Day", a non competitive race: without an official rank and thus, without being included in the yearbook of "participations", which is only aimed at the competitive race.





ART. 4

Registration can be done:

Online: on the website <http://www.marciagranparadiso.it> with Credit Card, Paypal, Satispay, Sepa Instant Credit Transfer, Bank Transfer following the link <http://www.endu.net> and going through the instructions. The registration will be automatically confirmed.

Offline: choosing between:

- a) Filling in the on line form and mailing it, with receipt of payment and a copy of the medical certificate (that will also need to be shown when collecting your bib), via:
 Fax: +39 051 9525760
 Ordinary mail service: SCI CLUB GRAN PARADISO ASD - P.za Chanoux, 1 – 11012, Cogne (AO)
 E-mail : iscrizioni@scdam.it

with simultaneous payment by bank transfer to the following bank account details:

BCC Valdostana, agenzia di Cogne
 Account holder SCI CLUB GRAN PARADISO ASD
 IBAN: IT 30 F 08587 31550 0000 30150673
 BIC: ICRAITRRGB0

Only for foreign participants:
 an international money transfer to:
 SCI CLUB GRAN PARADISO ASD - P.za Chanoux, 1 – 11012, Cogne (AO) – Italy.
 Specify on the back: name, surname, gender, date of birth, address.

- b) Cash payment at sport shops Ezio Sport, Le Paradis des Sport and Gal Sport, after examination of the above-mentioned documentation.

Skating Event – Light Distance (25 Km Free T.) of January 31st, 2020			
	Online & Offline		At the Race Office
	<i>Till December 22nd 2019</i>	<i>From December 23rd, 2019 to January 26th, 2020</i>	<i>January 30th and 31st, 2020</i>
Race	35,00 €	45,00 €	60,00 €
MarciaGranParadiso Day	35,00 €	45,00 €	60,00 €
Euroloppet Passport	35,00 €	35,00 €	48,00 €

Classic Event – Light & Marathon distances (25/40 Km Classic T.) of February 02nd, 2019			
	Online & Offline		At the Race Office
	<i>Till December 22nd 2019</i>	<i>From December 23rd, 2019 to January 26th, 2020</i>	<i>January 30th and 31st, 2020</i>
Race	45,00 €	55,00 €	70,00 €
MarciaGranParadiso Day	45,00 €	55,00 €	70,00 €
Euroloppet Passport	44,00 €	44,00 €	56,00 €





Both Events – (Skating + Classic)			
	Online & Offline		At the Race Office
	<i>Till December 22nd 2019</i>	<i>From December 23rd, 2019 to January 26th, 2020</i>	<i>January 30th and 31st, 2020</i>
Race	65,00 €	80,00 €	110,00 €
MarciaGranParadiso Day	65,00 €	80,00 €	110,00 €
Euroloppet Passport	64,00 €	64,00 €	88,00 €

Warning!

Registration and payment receipt must be sent/shown together. Applications with no payment receipt won't be processed.

EUROLOPPET PASSPORT OWNER

Reduced registration: until December 22nd, 2019 Euroloppet Passport owners can register with a 20% discount for each single race. Later that date they will pay the same fee anyway.

Free registration: for Euroloppet Voucher owners.

ART. 5

The registration fee gives you the right to take part in the race, to use food stations and technical assistance along the track, and the 'conclusive lunch'. Every other expense will be responsibility of the competitor.

Official classification will be available on <http://www.marciagranparadiso.it>.

Athletes unable to take part in the race by the race date will not be refunded. Only in case of illness attested by medical certificate will be refunded 50% of the amount paid. Change of names on registration fees is not allowed.

ART. 6

Bibs can be collected on:

- ✓ January 30th, 2020 from 03:00 pm to 06:00 pm
- ✓ January 31st, 2020 from 07:00 am to 06:00 pm
- ✓ February 1st, 2020 from 09:00 am to 07:00 pm
- ✓ February 2nd, 2020 from 07:00 am to 09:00 am

at the Race Office of the Cogne Town Hall.

To collect your bib you may need to show the payment receipt.





At the starting line, group as reported:

- ✓ **Gruppo Élite:** including the first 10 women and the first 100 athletes from previous MarciaGranParadiso; male athletes with less than 150 points in the FISU (Italian Winter Sports Federation) classification, female athletes with less than 200 points in the FISU (Italian Winter Sports Federation) classification, and other athletes with according to the final decision of the Organizing Committee.
- ✓ **Group 1:** including athletes classified between 101st and 350th in the previous MarciaGranParadiso and those registering before December 22nd, 2019. Euroloppet passport owners.
- ✓ **Group 2:** remaining athletes registered in the MarciaGranParadiso.
- ✓ **Group MarciaGranParadiso Day:** all registered participants.

Bib numbers will be assigned to each athlete, within each starting group, in order of bibs collection.

ART. 7

Entry gates will be implemented at the start line, opening at 9:00 am, and athletes need to get there no later than 9:45 am. The race will start at 10:00 am of the race day and it will be a 'mass start'.

The timing will be in real time using electronic control with microchips. The microchips, delivered with bibs, under the payment of a deposit of 20,00 €, must be returned after the race, otherwise the deposit will be lost.

Athletes not crossing the above mentioned entry gates and all control points along the track will not enter the classification.

ART. 8

During the race there is no right to ask for "free track" for those who want to overtake another competitor. Nevertheless, we ask all participants to act in accordance to common sense and fair play principles. Change of both skies during the race is forbidden.

ART. 9

At entrance gates and at intermediate check points along the track, controls may be set up to check whether all athletes have respected the whole track or not. In the event a participant results negative in any of the time gates or is seen skating in the CT race, he or she will be disqualified. Furthermore, participants not crossing the time limit established in "Son le Prà" before 1:30 pm. or who arrive at the finish point in Cogne after 4:30 pm. will not be included in the finishers list.

ART. 10

The official award ceremony will be celebrated at 3:00 pm. The first three men and women for all the races in program will be awarded with a flower ceremony at the finish line.





Cash Prizes: Will be awarded the top 3 (Ladies & Gents) of the Skating race and the first 3 (Ladies & Gents) of the Classic race (marathon distance, 40km).

All participants finishing the race will be awarded with a souvenir medal.

ART. 11

In the event that for circumstances beyond one's control the race may be postponed. Participants are responsible to inform themselves of the conditions of the race at the established date. **In case of poor snow conditions the race will take place anyway along a shorter course which will be communicated by the Organizing Committee.**

ART. 12

Potential claims must comprise the payment of 50,00 € taxes, which will be reimbursed if the claim is to be accepted. Claims must be presented following terms and conditions foreseen in the technical federal regulations.

ART. 13

Even if there is a first aid service along the track and at the finish line with both doctors and ambulances, the Organizing Committee declines any responsibility for potential accidents before, during or after the race.

ART. 14

The first male and female athlete from Cogne ('Cognein') arriving at the finish line of the marathon classic technique race (40 km) will be granted with a special award.

Another particular award will be given to the first foreign athlete (male or female) in the marathon classic technique race (40 km): The so-called 'Nordesten Cup'.

You can follow the event on facebook page **@Marcia Gran Paradiso**, on twitter account **@MGranparadiso** and on instagram profile **@marciagranparadiso**. Two are the official hashtags: **#Marciagranparadiso** and **#MGP2020**.

Organization Committee
Nicolò Caneparo, Translation
MARCIAGRANPARADISO
info@marciagranparadiso.it

