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-5! THE COUNTDOWN HAS STARTED FOR THE 40TH MARCIAGRANPARADISO

Only a few days left until the start of the race weekend! Great enthusiasm in Cogne, where such good snow and track conditions have not been seen in years.

The Netherlands, Switzerland, Sweden, Ukraine, France, Mali, Mexico, Spain, Germany, Denmark and of course Italy: scrolling through the **entry list**, it is clear how international this year's **Marcia** will be. The **organizing committee** is clearly very happy with this result as it is the first experience with the partner **Ski Classics Challengers**. This is a very important aspect because it is clearly one of the goals of the event to make the name of the village of Cogne known and spread around the world. Skiing in the **Gran Paradiso National Park** will be something spectacular and exciting, which will go beyond a simple sporting experience.

The 40 kilometers that characterize **the course of the Marcia** are really in excellent condition, thanks to the repeated dustings of snow that have occurred in recent weeks. Moreover, the **weather forecast** indicates good weather and perfect temperatures for the race weekend. The painstaking work of the snow groomers has made it possible to maintain the quality of the snowpack, so the tracks will be wonderful for race time. Among other things, this year the **refreshment points** along the route will be even richer and more curated, thanks to the collaboration between the historic volunteers and the Aosta Valley ski clubs who have decided to actively contribute to the realization. The prize for the winner of the **intermediate sprint**, i.e. the first competitor who will reach the cross-country stadium at the end of the ascent from Epinel, has also been confirmed: up for grabs a stay in Cogne offered by **Maison Pierrot**.

As for the younger ones, the sixteenth edition of the **MiniMarcia** is about to be epic! Starting from the expected **race pack**, which, according to the organizers, will be stratospheric, thanks also to the collaboration with the sponsor **EnergiaPura**! On **Saturday**, on the **Sant'Orso meadows**, the Baby Sprint, Baby, and Cuccioli categories will compete starting at 12:00. While on **Sunday**, with an extra adrenaline rush, Ragazzi and Allievi will also have the honor of setting off together with the "Bisons" of the Marcia over a distance of 5 and 8 kilometers respectively. It will also be an opportunity to compete for the second edition of the **combined SkiriMini**, which will reward those, between boys and girls, who dominate the chronometric classification of the sum of times between the **Skiri Trophy** – run in January in Lago di Tesero – and precisely the **MiniMarcia** of February in Cogne. Many participants from the Aosta Valley are therefore expected, but certainly also numerous extra-regional ski clubs.

For all those who still want to **register** for the **Marcia**, please note that it is possible to do so until Saturday 4 February at 19:00 at the race office on the first floor of the Cogne Town Hall.

While for the **Mini** the deadline for registration varies: for the Baby Sprint, Baby and Cuccioli categories it is set for Friday 3 February at 12:00, while for the Ragazzi and Allievi categories it is set for 19:00 on Saturday 4 February, always at the race office.

Registration for the weekend events is obviously still open.





All the instructions for entering the **Marci Granparadiso 2023** can be found at the following web address: <https://www.marciagranparadiso.it/pagina.php?id=2>, likewise for the **MiniMarcia** you can register here: <https://www.marciagranparadiso.it/pagina.php?id=10>.

You can follow the event on the Facebook page **@Marcia Gran Paradiso**, on the Twitter account **@MGranparadiso** and on the Instagram profile **@marciagranparadiso**.
Two are the official hashtags: **#Marciagranparadiso** and **#MGP2023**.

You can also follow the event dedicated to youngsters on the Facebook page **@Minimarciagranparadiso**, on the Twitter account **@MGranparadiso** and on the Instagram profile **@marciagranparadiso**.
Three are the official hashtags: **#MiniMarcia**, **#MiniMGP2023** and **#SkiriMini**.

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