



Official document of January 29th, 2022 – ENG

SAFETY PROTOCOL MARCIA GRANPARADISO 2022

COVID-19 PROTOCOL AND REGULATIONS

In compliance with the FISI/FIS anti-COVID protocols, the following provisions are in force for MarciaGranParadiso 2022.

FACE MASK IS MANDATORY

- ✓ In all competition areas, the FFP2 mask is mandatory
- ✓ During the race there is no obligation to wear a mask, which can be removed 1 minute before the start and placed in a pocket
- ✓ At the finish, the FFP2 mask must be worn again.

RACE OFFICE

The bibs can be collected at the race office in town hall of the Municipality of Cogne.

To access the race office, the Green Pass must be shown:

- ✓ Saturday 05 February 2:00 pm – 7:00 pm
- ✓ Sunday 06 February 7:00 am – 09:00 am

It is necessary to wear the FFP2 mask, sanitize the hands and measure the temperature which must be below 37.5° Celsius.

DOCUMENTS FOR PARTICIPATION

The valid sports medical certificate or sports card must be uploaded to the registration system or sent by e-mail or presented at the race office.

WITHDRAWAL OF THE BIB

The following documents will be requested:

- ✓ Identity document
- ✓ Covid-19 health questionnaire
- ✓ Green Pass strengthened for bib collection on Saturday
- ✓ Basic Green Pass for bib collection on Sundays





CLOTHING BAGS

At the start there will be a dedicated area for the collection of clothing bags. The bags must be closed and the sticker with your number must be applied in the space marked.

STARTING GROUPS

There is a single mass start divided by grids.

FINISH LINE

Upon exiting the finish line, each participant must wear the FFP2 mask

The transponder must be returned upon arrival

The medal will be delivered and you will be able to access the services: bag collection, takeaway meal

AWARDS CEREMONY

The first 3 classified M/F of the 20 km will be awarded.

The award ceremony will take place upon the arrival of the first 3 classified in each category directly on the race field at 12:00 pm, while the cash prizes (for the 20 km race) will be delivered at 12:30 pm at the race office.

FEED ZONE AND LUNCH

There will be a single water refreshment point along the route and it will be necessary:

- ✓ Stop (no flying refreshments will be made)
- ✓ Let yourself be served by the staff (NO SELF-SERVICE)
- ✓ Do not throw garbage on the ground

Participants are advised to bring their own water bottle.

At the end of the event, each participant will receive a packed take-away lunch.

SPECTATORS

The start and finish areas will be closed and accessible only to competitors.

Along the track there will be controllers to regulate any gathering of spectators.

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